



Mind in Salford, The Angel Centre, 1 St Philip's Place,  
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Find out more about our service at

[www.mindinsalford.org.uk](http://www.mindinsalford.org.uk)

Mind in Salford is a Charitable Incorporated  
Organisation, Charity Number: 1156625



## Independent Community Advocacy



**Listening | Supporting | Enabling**

### Advocates help you to

- Express your views
- Secure your rights
- Represent your interests
- Obtain services you need

### We advocate for people in Salford with

- Mental Health Issues
- Learning Disabilities
- Autism Spectrum Conditions
- Physical or Sensory Impairments
- People Over 60



## How can we help you?

Getting your views across or telling people what you want can be really difficult.

Our advocates can help you get your views across in any situation where you are finding it difficult to be heard.

Our service is free, independent and confidential.

### An Advocate will

- ✓ Listen to YOU
- ✓ Be on YOUR side
- ✓ Work with you at YOUR pace
- ✓ Treat you with RESPECT

### An Advocate will not

- ✗ Tell you what to do
- ✗ Judge you
- ✗ Make decisions for you

My advocate really listened to me and helped me to tell people what I need.

MR, Advocacy Hub Client

You have helped me find my voice and get my life back on track.

PS, Advocacy Hub Client

I'm not sure what I would have done without your service. Everything seemed so overwhelming on my own.

HT, Advocacy Hub Client

We can support you to:

- Access the right services you are entitled to
- Attend meetings with healthcare professionals, including medicals
- Challenge a diagnosis you don't agree with
- Support you in social care assessments, planning and reviews
- Raise and address housing concerns with your landlord
- Address issues with carers or guardians
- Take action over incidences of abuse
- Deal with issues with employers